

Coaching Courses

Coaching sessions follow the school term and finish during school holidays. Costs are based per session or for a term and on whether or not you are a member of the club. During the holidays Summer Camps and Tennis Training Days are available.

Timetable	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Pay and Play
Mini Tennis Red	16:00 – 17:00	16:40 – 17:30	16:30 – 17:30	16:30 – 17:30	-	09:00 – 10:00
Mini Tennis Orange	17:00 – 18:00	17:30 – 18:30	17:30 – 18:30	17:30 – 18:30	18:30 – 19:30*	10:00 – 11:00
Mini Tennis Green	-	-	-	-	19:30 – 20:30*	11:00 – 12:00
Junior Coaching – Girls Only	-	-	-	-	-	12:00 – 13:00
Junior Tennis Coaching	-	-	19:30 - 21:00**	16:30 – 18:30	-	13:30 - 14:30
Junior Match Play	-	-	-	-	20:00 – 21:45	-
Academy Coaching	17:00 – 18:30	17:00 – 18:30	18:00 – 19:30	-	17:00 – 18:30	-
Adult Coaching	-	-	-	19:15 – 21:15	18:30 – 20:00	-
Cardio Tennis	-	-	-	18:00 – 19:00	-	-

(* Free to members ** Under 18s)

Sessions	Members	Non Member
Saturday Pay and Play	£4.00	£4.50
Weekday Mini Tennis Red/Orange - payment in advance (see office if doing more than 1 session)	£3.75	£4.25
Weekday Mini Green Squad (Thursday)	£4.50	£5.50
Under 18's Squad	£6.00	£8.00
Adult Coaching Thursday	£5.00	£7.00
Adult Coaching Friday	£5.00	£6.00
Cardio Fitness	£4.00	£5.00